



2 1/2-DAY INSPIRATIONAL WORKSHOP - BORÅS

PsychoSynthesis Therapist-Intuitive Astrologer-Artist-Alchemist & Teacher of Eternal Wisdom Traditions

FRE. 24 FEBRUARY 2012 KL.19-21.

& WEEKEND 25-26 FEB. KL.09.30-17

TRANSFORMING YOUR INNER DRAGONS

24-26 FEBRUARY 2012 – BORÅS

The focus of this powerful workshop is the 7 DRAGONS - how they block your growth, and how you can transform them to gain maturity and meet your potential. You cannot transform yourself unless you personally face your own fears. This is no easy task - but it is absolutely required for any personal breakthrough. Facing fear often means looking at the dark, shadowy side of yourself - not to feel guilty or

shameful, or to punish oneself, but to release the potential vitality locked up within oneself.

Are you Warrior or Worrier? When you defeat your Dragons you will:

- Be more present
- Have all the energy available to you to make choices
- Have the power that comes from being truly at peace for the first time
- Be happy
- Be a magnet & role model for the people around you

The Dragons are the most worthy opponents you will ever meet. They exist to make us strong, loving and a vehicle of manifestation. A Dragon is like a parasite or virus that lives with us - but it is not who we are. Our challenge is to transform the Dragons that try to live with us and take over our power. You will meet them all during the Workshop and each participant will be provided with the "weapons" necessary to successfully master those Dragons that have got you by the throat. These tools will help you deal more effectively with crises & change and utilize your will & imagination to create a more authentic lifestyle. Dragons are actually Master Teachers and in the end you will have their Wisdom to use to help not only yourself, but be a source of inspiration for others! Welcome to a truly unique, creative and inspirational Workshop.

DEREK R. SEAGRIEF:

In Oktober 2011 Derek received much positive feedback for his therapeutic "LIBERATING PAINTING" Workshop in Borås, so this is a welcome return visit to Sweden at the start of 2012. Derek has offered his "TRANSFORMING YOUR INNER DRAGONS" Workshop all over Scandinavia & UK since 1995. An innovative and dynamic teacher & therapist, Derek emphasizes creative synthesis by binding the arts, depth psychology & mythology, together with the rich language of symbol-systems and psychotherapy. Working as a professional consultant Astrologer for more than 30 years. Tour Guide to Eternal Egypt with Scandinavian Groups – no less than 5 Tours planned for 2012! Living in Copenhagen with his Norwegian wife & opera singer & their 3 children.

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PRACTICAL INFO

Fredag evening we start kl.19-21.00.

This is our introduction to the 7 Dragons & it is essential for all participants to be present. You will be given a simple "Checklist" to help identify your Primary & Secondary Dragon.

Lørdag we start kl.09.30-17.30.

Please ensure that your journey time guarantees that you come on time to the Workshop venue. This day involves painting with your hands on large full-size paper, using water-based colour paints. Dress accordingly. Bring a simple packed lunch. As the workshop unfolds we shall be using the weekend for individual & group therapeutic processes.

Søndag kl.10-17.

The final day consists of a series of individual & group exercises designed to not only Transform your Inner Dragons, but turn your Personality Fear patterns into Personal Power. The emphasis this day will be upon liberation and authentic self-expression.

PRICE: 2200 SKR.

DEPOSIT OF 400SKR. (NON-REFUNDABLE) TO SECURE YOUR PLACE.

BALANCE OF 1800SKR. PAYABLE UPON ARRIVAL FREDAG EVENING.

PRICE INCLUDES: REFRESHMENTS, STUDY PAPERS, PAPER & PAINTING MATERIALS

MAX: 12 PARTICIPANTS

LOCATION: BORÅS - TO BE ANNOUNCED

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